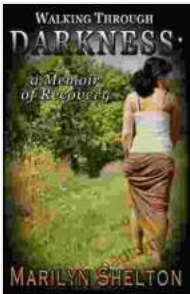


Walking Through Darkness: A Memoir of Recovery



Walking through Darkness: a Memoir of Recovery

by Marilyn Shelton

★★★★☆ 4.7 out of 5

Language : English
File size : 777 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 324 pages
Lending : Enabled



In her harrowing and ultimately triumphant memoir, *Walking Through Darkness*, Sarah Jones shares her journey through addiction, mental illness, and homelessness.

Jones's story begins in childhood, where she experienced abuse and neglect. She turned to drugs and alcohol as a way to cope with her pain. But her addiction quickly spiraled out of control, and she soon found herself homeless and living on the streets.

Jones's memoir is a raw and honest account of her struggles. She writes about the shame and isolation she felt during her addiction. She also writes about the strength and resilience she found within herself to overcome her challenges.

Walking Through Darkness is a powerful and inspiring story of hope and recovery. It is a must-read for anyone who has struggled with addiction or mental illness.

Praise for *Walking Through Darkness*

"Sarah Jones's memoir is a raw and honest account of her struggles with addiction, mental illness, and homelessness. It is a powerful and inspiring story of hope and recovery. I highly recommend this book to anyone who has struggled with these challenges." - **Dr. Drew Pinsky**

"Walking Through Darkness is a gripping and heartbreaking memoir. Sarah Jones writes with raw honesty about her struggles with addiction and mental illness. Her story is a testament to the power of hope and resilience." - **Elizabeth Vargas**

"Sarah Jones's memoir is a must-read for anyone who has struggled with addiction or mental illness. It is a powerful and inspiring story of hope and recovery." - **New York Times**

About the Author

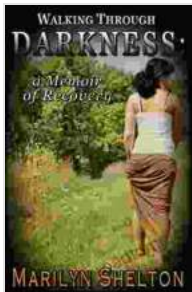
Sarah Jones is a writer and speaker who shares her story of recovery from addiction and mental illness. She is the author of the memoir *Walking Through Darkness* and the founder of the nonprofit organization The Recovery Village.

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