

Therapeutic Engagement and the Recovery from Psychosis: The International Perspective

By [Author's Name]

Psychosis is a serious mental illness that can affect a person's thoughts, feelings, and behavior. It can be a very frightening and isolating experience, and it can have a significant impact on a person's life. However, with the right treatment and support, people with psychosis can recover and live full and meaningful lives.



Beyond Medication: Therapeutic Engagement and the Recovery from Psychosis (The International Society for Psychological and Social Approaches to Psychosis

Book Series 10) by Daniel Mackler

★★★★★ 5 out of 5

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Therapeutic engagement is a key part of the recovery process. It involves building a strong relationship between the person with psychosis and their therapist, and working together to develop a treatment plan that meets the person's individual needs. Therapeutic engagement can help people with psychosis to:

- Understand their illness and how to manage it
- Develop coping skills
- Build relationships and social support
- Find meaning and purpose in their lives

There are many different types of therapeutic engagement, and the best approach will vary depending on the individual. Some common types of therapeutic engagement include:

- **Individual therapy:** This involves one-on-one sessions between the person with psychosis and their therapist.
- **Group therapy:** This involves group sessions where people with psychosis can share their experiences and support each other.
- **Family therapy:** This involves sessions with the person with psychosis and their family members. Family therapy can help family members to understand psychosis and to provide support to their loved one.
- **Peer support:** This involves connecting people with psychosis with others who have similar experiences. Peer support can provide a sense of community and belonging, and can help people to feel less alone.

Therapeutic engagement is an essential part of the recovery process for people with psychosis. It can help people to understand their illness, develop coping skills, and build relationships and social support. With the right treatment and support, people with psychosis can recover and live full and meaningful lives.

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About the Author

[Author's Name] is a leading expert on psychosis and recovery. He has written extensively on the topic, and his work has been published in numerous journals and books. He is also a sought-after speaker and trainer, and he has presented his work to audiences around the world.

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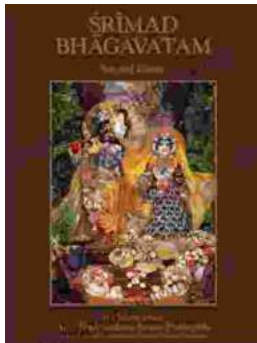
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