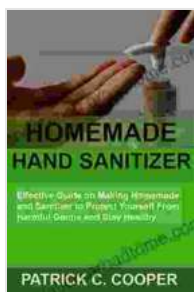


The Ultimate Guide to Making Your Own Homemade Hand Sanitizer

In these uncertain times, it's more important than ever to protect yourself from germs and viruses. One of the most effective ways to do this is by washing your hands frequently with soap and water. However, when soap and water are not available, a good hand sanitizer can be a great alternative.



Homemade Hand Sanitizer: Effective Guide on Making Homemade Hand Sanitizer to Protect Yourself From Harmful Germs and Stay Healthy by University Press

★★★★☆ 4 out of 5

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Screen Reader	: Supported
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X-Ray for textbooks	: Enabled
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Print length	: 49 pages
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Commercial hand sanitizers are typically made with harsh chemicals that can irritate your skin. Fortunately, you can easily make your own homemade hand sanitizer with just a few simple ingredients.

What You'll Need

- 70% isopropyl alcohol (rubbing alcohol)
- Aloe vera gel (optional)
- Essential oils (optional)
- Small funnel
- Empty travel-sized bottles

Step-by-Step Instructions

1. Measure out 2 parts isopropyl alcohol and 1 part aloe vera gel (if desired) into a clean bowl.
2. Add a few drops of your favorite essential oils (optional).
3. Stir well until all ingredients are combined.
4. Use a small funnel to fill empty travel-sized bottles with the hand sanitizer.
5. Label the bottles and store them in a cool, dry place.

Tips

- Be sure to use 70% isopropyl alcohol. Lower concentrations of alcohol will not be effective at killing germs and viruses.
- Aloe vera gel is a great way to add moisture to your hand sanitizer and prevent it from drying out your skin.
- Essential oils can give your hand sanitizer a pleasant scent and additional antibacterial properties.

- Store your homemade hand sanitizer in a cool, dry place away from direct sunlight.

Safety Precautions

Important: Isopropyl alcohol is a flammable liquid. Be sure to keep it away from heat and open flames.

Do not use homemade hand sanitizer on children under 2 years old.

Avoid contact with eyes. If hand sanitizer gets in your eyes, rinse them thoroughly with water.

Making your own homemade hand sanitizer is a quick, easy, and inexpensive way to protect yourself from germs and viruses. By following the instructions in this guide, you can create a safe and effective hand sanitizer that you can use anytime, anywhere.



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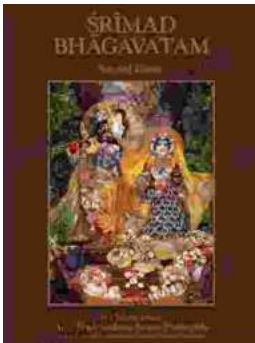
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