

140 Essential Oils Projects For Diffuser Blends Soaps Body Scrubs Candles And

By [Author's Name]

Essential Oils are natural plant extracts that have been used for centuries for their therapeutic properties. They can be used in a variety of ways, including aromatherapy, massage, and skincare. This book provides 140 essential oil projects for diffuser blends, soaps, body scrubs, candles, and more.

With this book, you'll learn how to:



Essential Oils Crafts: 140 Essential Oils Projects For Diffuser Blends, Soaps, Body Scrubs, Candles And Pain Relieving Remedies by Daisy Courtenay

★★★★☆ 4.5 out of 5

Language : English
File size : 6087 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 152 pages
Lending : Enabled



- Use essential oils safely and effectively
- Create your own diffuser blends

- Make your own soaps, body scrubs, and candles
- Use essential oils for aromatherapy, massage, and skincare

This book is a great resource for anyone who wants to learn more about essential oils and how to use them to improve their health and well-being.

What's Inside?

This book contains 140 essential oil projects, divided into the following categories:

- Diffuser Blends
- Soaps
- Body Scrubs
- Candles
- Aromatherapy
- Massage
- Skincare

Each project includes:

- A list of the essential oils needed
- Instructions on how to make the project
- Tips for using the project

This book is a great resource for anyone who wants to learn more about essential oils and how to use them to improve their health and well-being.

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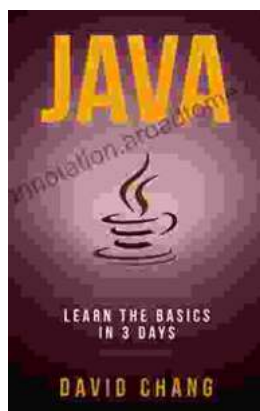
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